



CHRISTLETS NewsLetter

FEBRUARY, 2026

ISSUE 15





CHRIST COLLEGE SPIKES - 2026

INAUGURAL CEREMONY

02-02-2026

SPORTS INAUGURATION (SPIKES)

The Sports Inauguration (SPIKES) was held on 2 February 2026, marking the official beginning of the much-awaited Sports Week in the college. The event set an energetic tone for the series of sporting activities scheduled from 2 to 19 February 2026, encouraging students to actively participate and showcase their talents in various games and athletic events.

The inauguration ceremony began with a warm welcome to the dignitaries. Inspiring words from the dignitaries and faculty members motivated the participants to compete with dedication while upholding the true spirit of sportsmanship. The Physical Director and the Sports Committee introduced the schedule of events planned for the Sports Week, which included a variety of track and field competitions and team games for both men and women.







CHRIST COLLEGE

Department
of
Business
Administration



LOGGED IN
LOST WITHIN
III BBA
II Sec

CRISTA – III BBA 2 SEC

The III BBA (2 Sec) students conducted their CRISTA presentation on 04 February 2026 under the guidance of their class counselor Mrs. Sri Shilpa. The presentation titled “Logged in, Lost Within” focused on the growing influence of social media in modern society.

Students discussed how social media platforms shape communication, relationships, and the dissemination of information, especially among the younger generation. They highlighted both the advantages—such as connectivity, awareness, and learning opportunities—and the challenges, including misinformation, privacy concerns, and excessive usage. The presentation emphasized the importance of responsible social media usage and digital awareness. The students were appreciated for their insightful topic, confident presentation, and professional dress code.





CRISTA – III BA ENGLISH

The CRISTA session titled “Magics to Change Your Life: The Great Girikalan Magic Show” was held on 06 February 2026, engaging more than 1,000 students in an interactive and inspiring presentation.

During the session, students creatively presented a series of “magic spells” that symbolize essential values for personal growth and success. Using the theme of magic inspired by Girikalan, the presenters effectively illustrated how simple yet powerful life principles can transform an individual’s future. The presentation highlighted four key “spells” for life transformation: Education, the foundation that opens doors to knowledge and opportunities; Discipline, which builds consistency and self-control; Hard Work, the driving force behind achievement; and Good Health, the vital energy that sustains all efforts.

The engaging format and relatable examples, including personal experiences shared by the presenters, captured the attention of the large audience. The session encouraged students to reflect on these important values and apply them in their daily lives.

Overall, the event left a positive impact, motivating participants to focus on these four pillars as guiding principles for personal and academic success.





FOOD FEST

The Food Fest, organized by the Women's Cell, was successfully conducted on 11 February 2026 from 12:00 noon to 4:00 p.m. on the college campus. The event aimed to promote culinary skills, teamwork, and cultural diversity among students.

The fest witnessed enthusiastic participation from both students and staff members. A variety of food stalls were set up, offering a wide range of delicious items, including traditional snacks, homemade dishes, fast food, and refreshing beverages.

Each stall was creatively decorated, creating a lively and joyful atmosphere throughout the programme. Students actively took part in organizing, cooking, serving, and managing the stalls, which helped them develop important skills such as leadership, communication, and teamwork.

The event concluded successfully at 4:00 p.m. Overall, the Food Fest was an enjoyable and memorable experience that encouraged creativity, unity, and practical learning among the students.





STUDENT LAPTOP DISTRIBUTION DRIVE

On 10 February 2026, a total of 255 laptops were distributed to the final-year students under the Tamil Nadu Government Free Laptop Scheme, an initiative aimed at promoting digital education and enhancing technological access among students.

The laptop distribution ceremony was conducted in the presence of the District Collector of Tiruvallur and respected Members of the Legislative Assembly (MLAs). The dignitaries personally handed over the laptops to the students, encouraging them to utilize these devices effectively for their academic growth, research activities, and skill development.





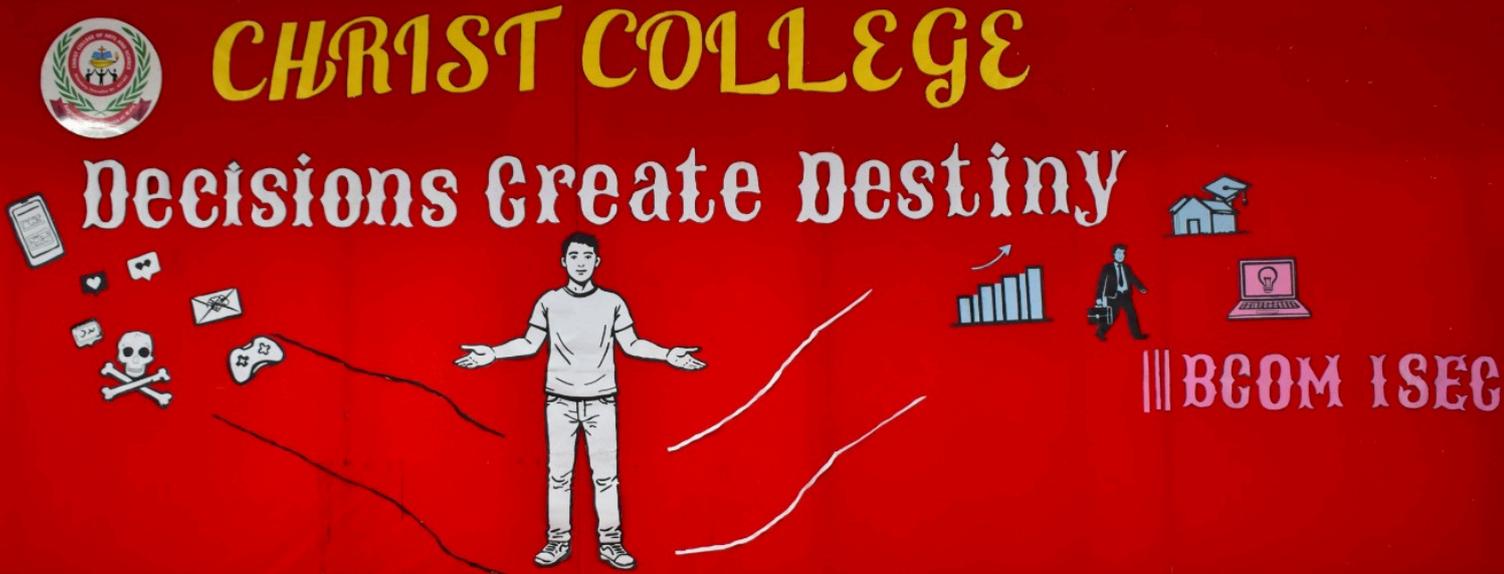
The students of III B.Sc. Mathematics organized a CRISTA session on 11 February 2026 from 9:00 a.m. to 9:30 a.m. on the topic "Light Among the Lightless." The session focused on emphasizing the true values of life and moral principles.

The programme began with a prayer, followed by a short skit that highlighted the importance of conscience, the inner child, and the inner voice as guiding forces for personal growth and achieving meaningful goals. The students explained five inner voices—Thinking Voice, Supportive Voice, Feeling Voice, Dream Voice, and Imaginative Voice—which help individuals grow and transform their lives.

The presentation also discussed the concept of darkness in life, describing how emotions such as fear, sadness, and confusion can hinder personal progress. The students then shared practical steps and tips to overcome these challenges and move towards light, truth, and purpose, emphasizing that a single spark of truth can illuminate society.

The session concluded with an inspiring motivational message encouraging students to live by their conscience and strive for goodness. Dr. A. Suresh Kumar, Dean of Arts, appreciated the students for their excellent pronunciation, confidence, and clarity in delivering the presentation.





CRISTA – III BCOM I SEC

The students of III B.Com (1st Section) conducted a CRISTA session on 13 February 2026 at the SMR Auditorium on the topic "Decision Creates Destiny." The presentation focused on the challenges faced by the Gen Z generation, particularly in making decisions related to education, social media usage, self-growth, and mental health.

The session was presented in the form of an engaging conversation between Thanthai Periyar, enacted by student Joseph, and the hosts Joe Antony and Sumaiya. The programme began with a short enactment by student Selvi, who portrayed a Gen Z student struggling to make the right decisions in life.

Through the interaction, Thanthai Periyar provided meaningful insights and solutions for common issues faced by today's youth. He emphasized the importance of avoiding unhealthy comparisons, focusing on self-awareness, and choosing personal growth over negativity. He also addressed concerns related to education and career development, highlighting that education should focus on meaningful learning rather than merely scoring marks.

The discussion also touched upon the responsible use of social media, encouraging students to use it not just to impress others but to create a positive impact. The session concluded with students taking an oath to make wise decisions that shape their future.





The students of III B.Com (2nd Section) conducted a CRISTA session on 17 February 2026 on the topic "Why Am I Here?". The presentation was creatively led by students Miracline and Vinitha, who portrayed angels bringing symbolic "gifts" that help answer the question about the purpose of life.

The session focused on important aspects such as personal growth and identity, education and knowledge, relationships and community, purpose and responsibility, youth and nation-building, personal happiness, self-discovery, goals and dreams, and contribution to society. Through these themes, the students emphasized the importance of learning from mistakes, developing skills, building meaningful relationships, and striving to become the best version of oneself.

The conclusion was delivered by Durga, who highlighted that college life is a time for self-discovery, learning, and growth, where students develop their skills, values, and identity while preparing to contribute positively to society.





SPORTS DAY SPIKES

The Annual Sports Day of the college was celebrated with great enthusiasm and sportsmanship on 19 February 2026 at the college ground. The event began at 9:30 a.m. and witnessed active participation from students and staff members.

The programme commenced with a warm welcome to the dignitaries, followed by the hoisting of the sports flag and an inspiring inaugural address. A variety of track and field events, including sprints, relays, long jump, shot put, and team games, were conducted for both men and women. The participants displayed remarkable energy, discipline, and competitive spirit throughout the day.

The events were efficiently organized by the Physical Director and the Sports Committee, ensuring smooth conduct and fair play. Faculty members encouraged and guided the students, while enthusiastic cheering from the audience created a vibrant and motivating atmosphere.

The day concluded with the Prize Distribution Ceremony, where winners and runners-up were honored with medals and certificates. The Chief Guest appreciated the students' efforts and highlighted the role of sports in developing teamwork, leadership, and character.









February 2026

CHRIST Arts and Science College

*Kilachery Village and Post, Thiruvallur District,
Tamil Nadu, 631402, India.*

+91 75028 64401

